

Vaginal Birth After Caesarean - Exploring the Possibilities

Presenter: Lynne Staff

Program

NOTE: Workshop times may vary with different locations and venues. Please check starting times on your registration confirmation email.

1:00 p.m.	Discuss the importance of BAC to women, and review statistics and outcomes on: <ul style="list-style-type: none">• Vaginal birth• Repeat CS
1:30 p.m.	Examine practices around VBAC and the implications for: <ul style="list-style-type: none">• Women and their infants• Midwives• Maternity service development• Relationships with colleagues
2:30 p.m.	15-minute refreshment break
2:45 p.m.	Encourage creative thinking about: <ul style="list-style-type: none">• The possibilities for birth after CS• Informational support• Positive emotional support for labouring women and their partners planning a VBAC• Positive practical midwifery support for labouring women and their partners planning a VBAC
3:30 p.m.	VBAC Talk: Cultivate an understanding of the importance of talking through the birth experience afterwards
4.00 – 4.30 p.m.	Close

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