

# Postdates Pregnancy Workshop

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**Facilitator:** Lynne Staff

## Program outline

**Note:** This is a half-day workshop that you may combine with other topics to provide a full-day program. Timings may vary – please refer to the specific event outline.

9:30 a.m.	<b>Introduction</b>  <b>Post dates pregnancy: Working with uncertainty</b>  <b>The impact the calculation of a “due date” might have on a woman</b> <ul style="list-style-type: none"><li>• Early in pregnancy.</li><li>• Approaching her ‘due date’</li><li>• After the ‘due-date’.</li></ul>
10.00 a.m	<b>Prolonged, postdates and post-term pregnancy:</b> <ul style="list-style-type: none"><li>• Differentiate between these three terms.</li><li>• Explore the possible consequences for women and their babies if these terms are confused.</li></ul>
10:45 a.m.	Refreshment break
11:00 a.m.	<b>‘In her own sweet time’ or induction of labour? Examining the evidence:</b> <ul style="list-style-type: none"><li>• Current research</li><li>• The reality: Local care practices</li><li>• Communication and information sharing</li><li>• Education/information for women and their partners</li></ul>
12:45 p.m.	<b>LUNCH</b>

